

Staples for all below meals;

Oil

Gravy

Butter

Salt

Icing sugar

Milk

Pepper

Chicken stock cubes

Curry Seasoning

BBQ Sauce

Skewers

Mayo

# Sausage meat style Enchiladas 17/11/23



Riverway Irish Recipe Style 8 Pork Sausages 410g

£1.29



Village Bakery Mini White Tortilla Wraps 8x31g

£0.69



Everyday Essentials Red Kidney Beans In Water 400g (240)

£0.33



Everyday Essentials Mozzarella 200g

£0.69



Fiesta Mild Chilli Con Carne Cooking Sauce 500g

£0.99



Nature's Pick Mixed Leaf Salad 120g

£0.57



Worldwide Foods Classic Basmati Rice

£0.45

**Food Store:** ALDI UK

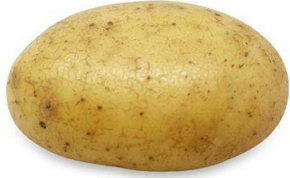
**Servings:** 4

**Total:** £5.01

**Staples:**



# Pigs in Blanket baguette with seasoned wedges (19/11/23)



Loose Potatoes x2

£0.23 x2



Roast Potato seasoning

£0.59



4 part baked baguettes

£0.85

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.89

**Staples:** oil for wedges



Frozen pigs in blankets

£1.99



Sage & Onion Stuffing

£0.45



Bramwells smooth or whole cranberry sauce

£0.55





# Creamy Chorizo Macaroni with crispy kale (16/11/23)



Ready, Set...Cook! Coconut Milk 400ml  
£0.79



The Deli Spanish Chorizo Slices 120g  
£0.99



Cucina Tomato Purée 200g  
£0.59

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.99

**Staples:** n/a

Macaroni Pasta or similar small pasta  
£0.72



Nature's Pick Loose Red Peppers Each  
£0.52



Nature's Pick British Shredded Kale 200g  
£0.69



Everyday Essentials Mozzarella 200g  
£0.69



# Moroccan Style Beef Stew with Couscous (Nov23)

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.93

**Staples:**



Ashfields British Beef Mince 20% Fat 500g  
£2.49



Ready, Set...Cook! Mixed Spice 41g  
£0.59



Bramwells Lemon & Coriander Cous Cous  
100g  
£0.49



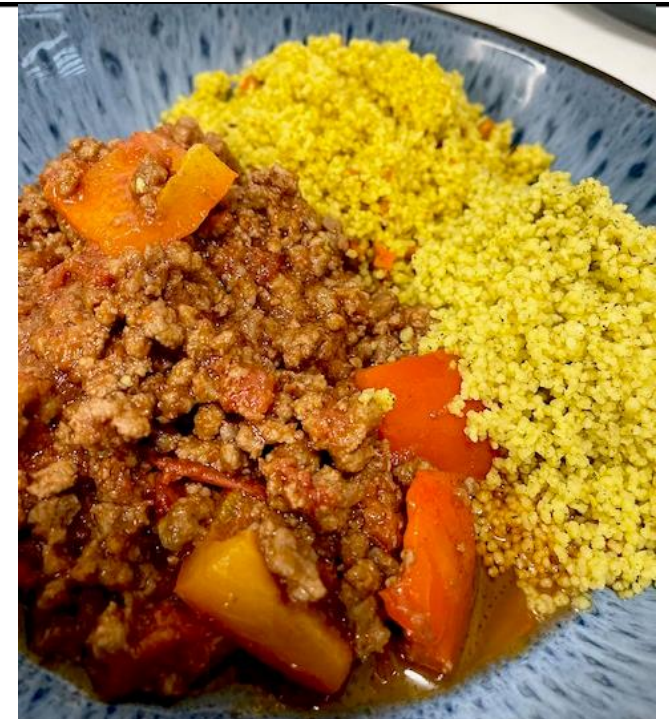
Bramwells Moroccan Medley Cous Cous  
100g  
£0.49



Nature's Pick Loose Red Peppers Each  
£0.52



Everyday Essentials Chopped Tomatoes In  
Tomato Juice 40  
£0.35





# Homemade pesto and mozzarella pizza with a mixed salad (Nov23)



Brooklea Fat Free Natural Yogurt 500g  
£0.35



Everyday Essentials Self Raising Flour  
1.5kg  
£0.70



Cucina Pesto Basil 190g  
£0.99

**Food Store:** ALDI UK

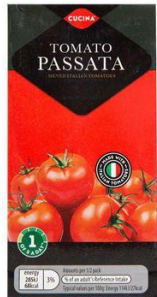
**Servings:** 4

**Total:** £4.53

**Staples:** n/a



Everyday Essentials Cherry Tomatoes  
£0.60



Cucina Tomato Passata 500g  
£0.55



Everyday Essentials Mozzarella 200g  
£0.69



Nature's Pick Watercress, Spinach &  
Rocket 80g  
£0.65



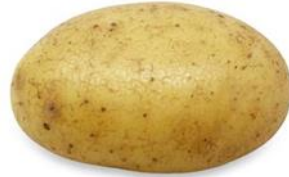
# Roast Dinner (Oct 23)



Nature's Pick Carrots 500g  
£0.33



Nature's Pick Broccoli 360g  
£0.69



Loose baking potatoes  
£0.23 x3

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.75

**Staples:** Gravy, oil for roasts, butter for mash



Ashfields British Chicken Legs Fresh Class A 1kg  
£1.99



Bramwells Extra Tasty Seasoning 35g  
£0.59



Everyday Essentials Yorkshire Puddings 230g/15 Pack  
£0.46





# Corned Beef Stew (Oct 23)



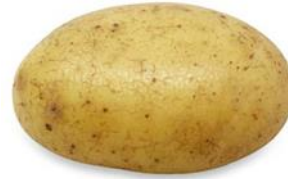
Bramwells Corned Beef 340g

£2.09



Quixo Beef Stock Cubes 120g/12 Pack

£0.65



Loose baking potatoes

£0.23 x2



Nature's Pick Savoy Cabbage Each

£0.69



Nature's Pick Carrots 500g

£0.33



Everyday Essentials Garden Peas 300g (185g Drained)

£0.28



Everyday Essentials Parsnips 500g

£0.50

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £5

**Staples:**





# Cheese Savory Pie with Veg or Beans



Everyday Essentials Mild Cheddar Slices  
200g/10 Pack  
£1.39



The Pantry Puff Pastry 375g  
£1.19



Nature's Pick Carrots 500g  
£0.33

**Food Store:** ALDI UK

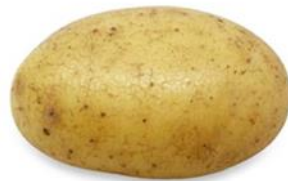
**Servings:** 4

**Total:** £4.86

**Staples:** Gravy, butter, oil



Nature's Pick Broccoli 360g  
£0.69



Loose Baking Potatoes  
£0.23 x3



Bramwells Baked Beans & Pork Sausages  
In Rich Tomato Sa  
£0.57



# Apple and Peach crumble with custard (Oct23)



Nature's Pick Loose Bramley Apples Each  
£0.45 x2



Everyday Essentials Peach Slices In A Light Syrup 411g  
£0.34



The Pantry Light Brown Soft Sugar 500g  
£1.09

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.93

**Staples:**



Everyday Essentials Plain Flour 1.5kg  
£0.70



Delicious Desserts Custard 500g  
£0.75



Greenvale Perfect For Cakes 500g  
£1.15





# Christmas Trifle Wreath (Nov 23)



Holly Lane Raspberry Swiss Roll 245g  
£1.35 x2



Delicious Desserts Custard 500g  
£0.75



Dessert Menu Strawberry Flavour Jelly  
135g  
£0.85

**Food Store:** ALDI UK

**Servings:** 6-8

**Total:** £5.80

**Staples:** icing sugar for dusting



Cowbelle Fresh British Double Cream  
300ml  
£1.05



Everyday Essentials Milk Chocolate 100g  
£0.45



# Pumpkin Soup with Garlic Croutons (Oct23)



Halloween Aaahmazing Munchkin  
Pumpkin Each

£0.55



Everyday Essentials Garlic Baguette 170g

£0.37 x2



Ready, Set...Cook! Coconut Milk 400ml

£0.79

**Food Store:** ALDI UK

**Servings:** 4-5

**Total:** £4.89

**Staples:** n/a



Nature's Pick Carrots 500g

£0.33



Cumin 69p

Garlic 59p



Quixo Vegetable Stock Cubes 120g/12  
Pack

£0.65





# Corned Beef Slab (Oct 23)



Bramwells Corned Beef 340g  
£2.09



Greenvale Shortcrust Pastry 375g  
£1.19



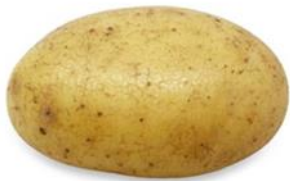
Nature's Pick Carrots 500g  
£0.33

**Food Store:** ALDI UK

**Servings:** 4-5

**Total:** £4.99

**Staples:** Oil, butter and gravy



Loose baking potatoes  
£0.23 x3



Nature's Pick Savoy Cabbage Each  
£0.69



# Ceasar Salad Twist (Jan 23)



Roosters Southern Fried Chicken Goujons  
320g  
£1.49



Bramwells Classic Caesar Salad Dressing  
250ml  
£0.79



Nature's Pick Iceberg Lettuce Each  
£0.75

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.99

**Staples:** n/a



Everyday Essentials Garlic Baguette 170g  
£0.37



Emporium Parmigiano Reggiano Shaved  
Cheese 80g  
£1.59

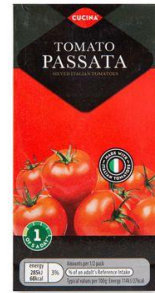




# Pepperoni and Sweetcorn Naaniza (Nov23)



Bilash Plain Naan Breads 260g/2 Pack  
£0.69 x2



Cucina Tomato Passata 500g  
£0.55



Everyday Essentials Mozzarella 200g  
(125g Drained)  
£0.69

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.96

**Staples:**



The Deli Smoked Mild Pepperoni 120g  
£1.05



Nature's Pick Mixed Leaf Salad 120g  
£0.57



Four Seasons Supersweet Sweetcorn In  
Water 340g (285g D)  
£0.72



# Mini English Fry Up (Nov23)



Everyday Essentials Unsmoked Back Bacon 300g  
£1.45



Merevale British Free Range Medium Eggs 318g/6 Pack  
£1.35



Bramwells Baked Beans In Rich Tomato Sauce 410g  
£0.45

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.89

**Staples:** milk for eggs



Everyday Essentials Medium Sliced White Bread 800g  
£0.45



Four Seasons Mini Hash Brown Waffles 454g  
£1.19





# Sausage Dinner (Nov23)



Butcher's Select Pork Sausages 454g/8 Pack  
£1.89



Everyday Essentials Yorkshire Puddings 230g/15 Pack  
£0.46



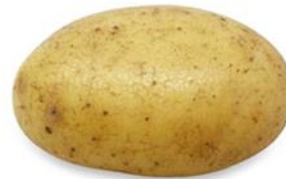
Nature's Pick Carrots 500g  
£0.33



Sage & Onion Stuffing  
£0.45



Nature's Pick Broccoli 360g  
£0.79



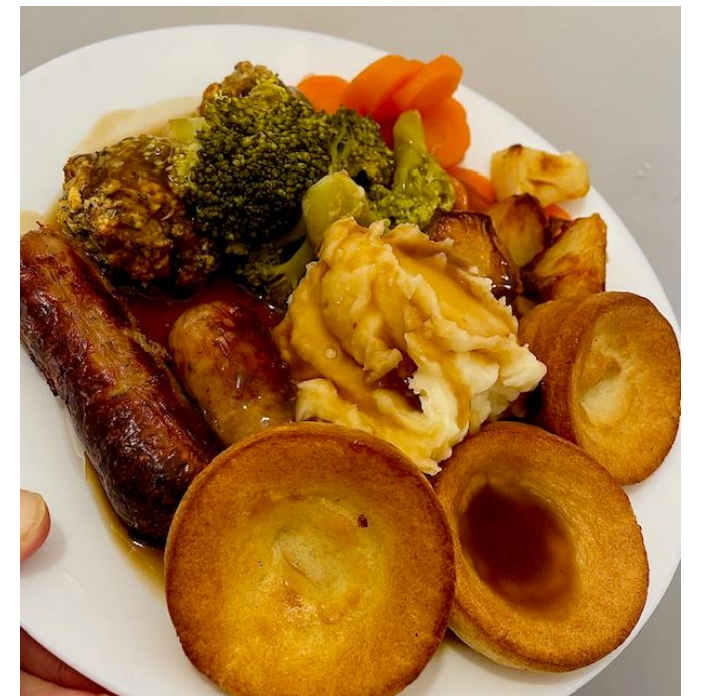
Loose baking potato  
£0.23 x4

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.84

**Staples:** OIL, Butter, gravy



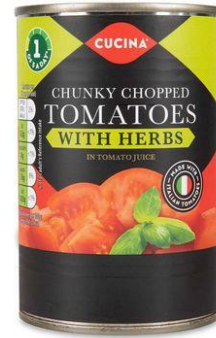
# Chilli Con Carni, Rice & Garlic Bread (Nov23)



Ashfields British Beef Mince 20% Fat 500g  
£2.49



Everyday Essentials Garlic Baguette 170g  
£0.37 x2



Cucina Chopped Tomatoes With Herbs  
400g  
£0.55

**Food Store:** ALDI UK

**Servings:**

**Total:** £4.94

**Staples:** n/a



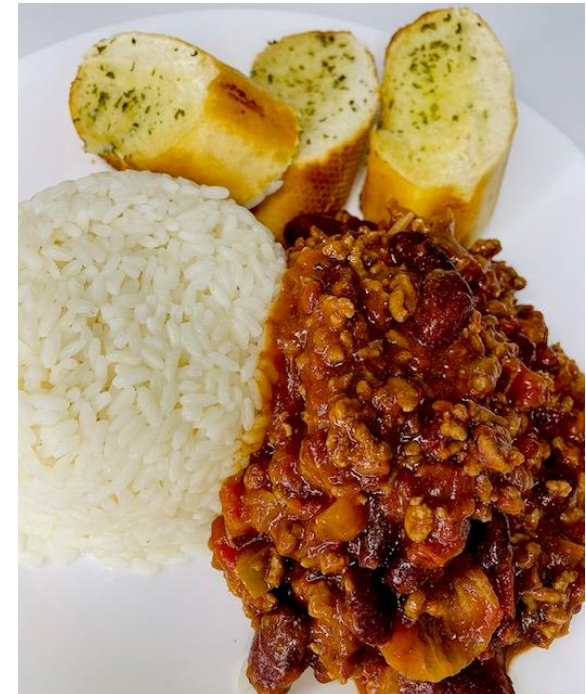
Worldwide Long Grain White Rice 1kg  
£0.52



Bramwells Chilli Con Carne Mix 50g  
£0.36



Everyday Essentials Baked Beans In  
Tomato Sauce 420g  
£0.28





# Cheese & Ham toasties with tomato soup (Nov23)



Village Bakery The Great Tiger Bloomer  
800g  
£1.39



Grated Cheddar 250g  
£1.39



Ashfields Cooked Ham 115g  
£0.85

**Food Store:** ALDI UK

**Servings:**

**Total:** £4.97

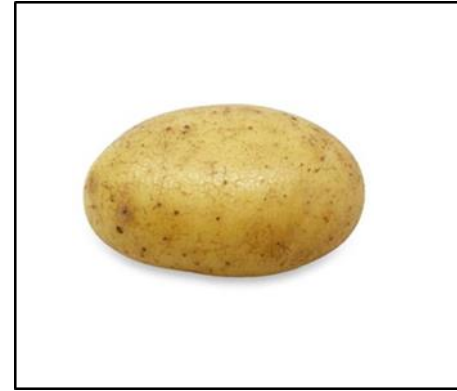
**Staples:**



Bramwells Cream Of Tomato Soup 400g  
£.67 x2



# Bacon Loaded Potato Skins & salad (Nov23)



Loose Baking Potatoes

£0.23 x4



Everyday Essentials Unsmoked Back Bacon 300g

£1.45



Everyday Essentials Mozzarella 200g (125g Drained)

£0.69

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.72

**Staples:** butter



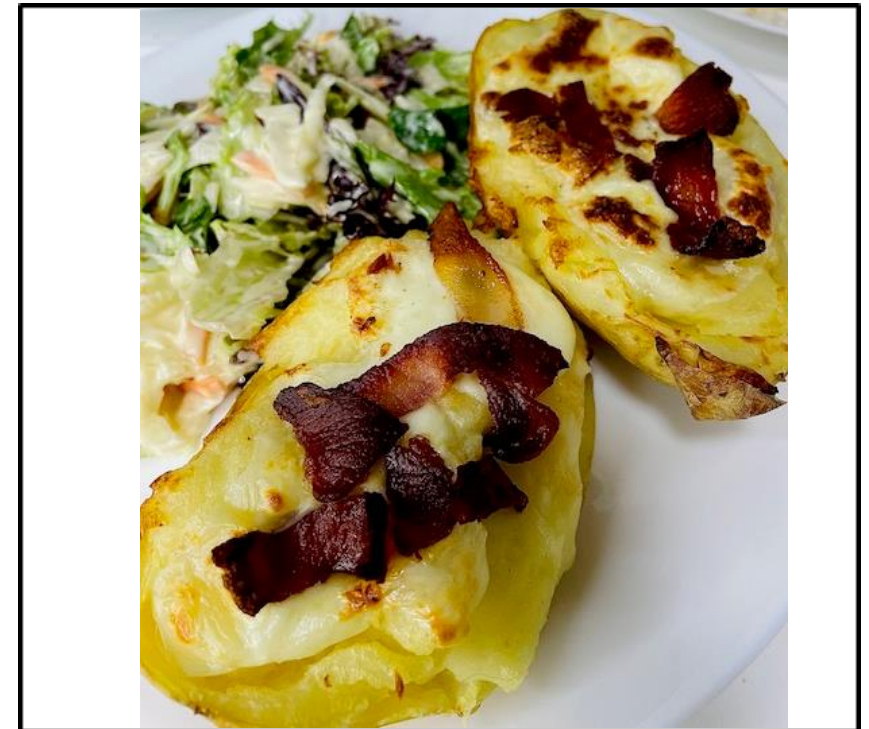
Nature's Pick Mixed Leaf Salad 120g

£0.57



The Deli Creamy Coleslaw 600g

£1.09





# Club Sandwich (Nov23)



Village Bakery Lightly Seeded Loaf 800g  
£0.85



Everyday Essentials Unsmoked Back  
Bacon 300g  
£1.45



Ashfields Cooked Chicken Slices 115g  
£0.85

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.71

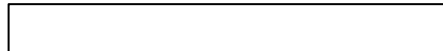
**Staples:** mayo



Nature's Pick Chopped Iceberg Lettuce  
200g  
£0.67



Nature's Pick Tomato Salad 6 Pack  
£0.89



# BBQ Pulled Chicken Burgers & Chips



Specially Selected Sliced Brioche Burger Buns 200g/4 Pa  
£0.99



Bramwells Original BBQ Sauce 480  
£0.99



Nature's Pick Carrots 500g  
£0.33

**Food Store:** ALDI UK

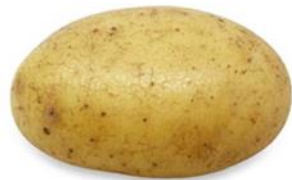
**Servings:**

**Total:** £4.96

**Staples:** mayo



Ashfields British Chicken Legs Fresh Class A 1kg  
£2.19



Loose Baking Potatoes  
£0.23 x2





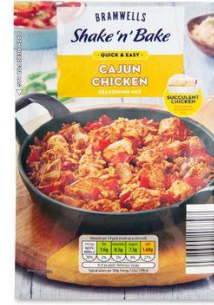
# Cajun Chicken & Rice Bake (Nov23)



Ashfields British Chicken Legs Fresh Class A 1kg  
£1.99



Worldwide Long Grain White Rice 1kg  
£0.52



Bramwells Shake 'N' Bake Cajun Chicken Seasoning Mix 45  
£0.59



Everyday Essentials Cherry Tomatoes 250g  
£0.60



Nature's Pick Loose Red Peppers Each  
£0.55



Brooklea Fat Free Natural Yogurt 500g  
£0.35



Everyday Essentials Garden Peas 300g (185g Drained)  
£0.28

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.88

**Staples:**



# Tuna Pasta Crunch



Everyday Essentials Tuna Chunks In Brine  
145g (102g Dra  
£0.55 x2



Cucina Fusilli Pasta 1kg  
£1.39



Bramwells Light Mayonnaise 504g  
£0.99

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.98

**Staples:**



Nature's Pick Classic Salad 145g  
£0.75 X2





# Bacon, Cauliflower & Broccoli Cheese Bake



Bramwells Cheese Sauce Mix 40g  
£0.49



Nature's Pick Broccoli 360g  
£0.79



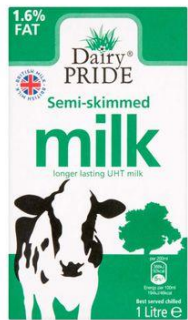
Nature's Pick Cauliflower Each  
£0.95

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.83

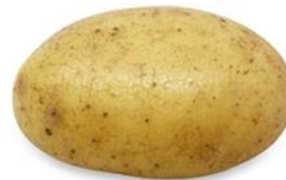
**Staples:** salt and pepper



Dairy Pride Semi-skimmed Milk 1l  
£0.69



Everyday Essentials Smoked Back Bacon  
300g  
£1.45



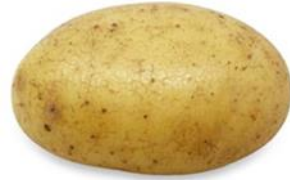
Loose Baking potatoes  
£0.23 x2



# Roast Chicken Dinner (Nov23)



Ashfields British Chicken Legs Fresh Class A 1kg  
£1.99



Loose Baking potatoes  
£0.23 x3



Nature's Pick Broccoli 360g  
£0.79

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.85

**Staples:** Oil, Gravy



Nature's Pick Carrots 500g  
£0.33



Bramwells Extra Tasty Seasoning 35g  
£0.59



Everyday Essentials Yorkshire Puddings  
230g/15 Pack  
£0.46





# Creamy Chicken & sweetcorn bake with roasted carrots (Nov23)



Oakhurst Cooked Sliced Chicken 340g  
£2.15



Four Seasons Supersweet Sweetcorn In Water 340g (285g D)  
£0.72



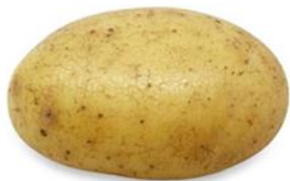
Cowbelle Fresh British Lighter Creme Fraiche 300ml  
£0.99

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.88

**Staples:** Chicken stock cube, oil



Loose baking potatoes  
£0.23 x3



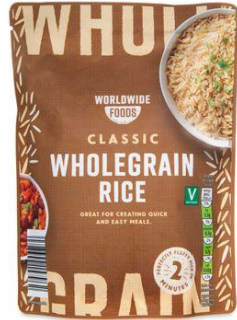
Nature's Pick Carrots 500g  
£0.33



# Honey glazed Halloumi Salad (Nov23)



Emporium Cypriot Halloumi 225g  
£2.15



Worldwide Foods Classic Wholegrain Rice  
250g  
£0.45



Everyday Essentials Cherry Tomatoes  
250g  
£0.60

**Food Store:** ALDI UK

**Servings:** 2

**Total:** £4.60

**Staples:**



Nature's Pick Watercress, Spinach &  
Rocket 80g  
£0.65



Everyday Essentials Clear Honey 340g  
£0.75





# Tuna Panini Picnic (Nov23)



Inspired Cuisine Panini Rolls 360g/4 Pack  
£1.19



Everyday Essentials Tuna Chunks In Brine  
145g (102g Dra)  
£0.55 x2



Snackrite Cheese & Onion Crisps  
Multipack 6x25g  
£0.99

**Food Store:** ALDI UK

**Servings:**

**Total: £4.84**

**Staples:**



Bramwells Light Mayonnaise 504g  
£0.99



Nature's Pick Mixed Leaf Salad 120g  
£0.57



# Chinese Stir Fry (Nov23)



Nature's Pick Butternut Squash,  
Mangetout & Chilli Stir Fry  
£0.95



Nature's Pick Hoisin Stir Fry Sauce 175ml  
£0.79



Asia Specialities Ready To Wok Medium  
Noodles 300g  
£0.85

**Food Store:** ALDI UK

**Servings:**

**Total:** £4.88

**Staples:** There are lots of variety of veg  
and sauces to choose from



Ashfields British Chicken Breast Fillets  
300g/2 Pack  
£2.29





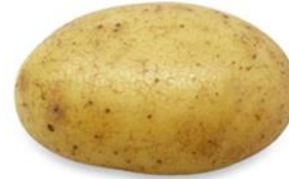
# Cheeseburger and Chips (Nov23)



Oakhurst Cook From Frozen Beef Burgers  
342g/6 Pack  
£1.99



Specially Selected Sliced Brioche Burger  
Buns 200g/4 Pa  
£0.99



Loose baking potatoes  
£0.23 x2

**Food Store:** ALDI UK

**Servings:**

**Total:** £4.84

**Staples:** oil, sauce of choice



Everyday Essentials Cheesy Single Slices  
255g/15 Pack  
£0.83



Nature's Pick Mixed Leaf Salad 120g  
£0.57



# Toad In The Hole (Dec)



Butcher's Select Pork Sausages 454g/8 Pack  
£1.89



Everyday Essentials Plain Flour 1.5kg  
£0.70



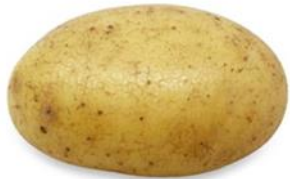
Merevale British Free Range Medium Eggs 318g/6 Pack  
£1.35

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £5.01

**Staples:** 175ML Milk, Gravy



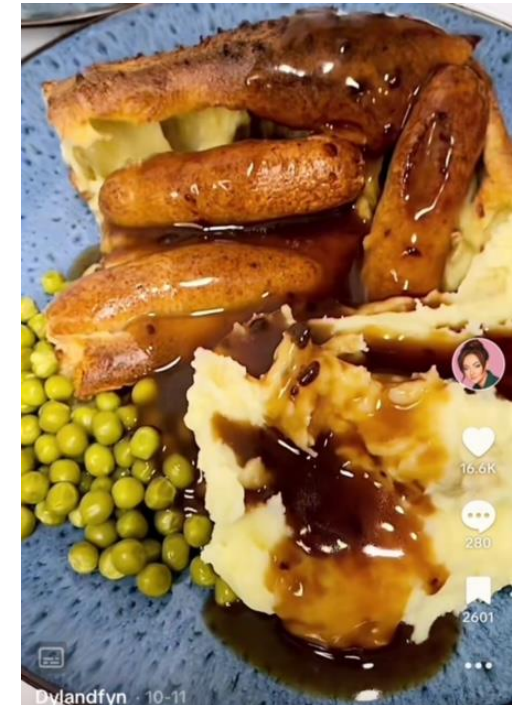
Loose baking potato  
£0.23 x2



Nature's Pick Carrots 500g  
£0.33



Everyday Essentials Garden Peas 300g (185g Drained)  
£0.28





# Spaghetti and Meatballs (Nov 23)



Ashfields Beef Meatballs 340g  
£2.19



Bramwells Spaghetti Bolognese Mix 44g  
£0.36 x2



Cucina Tomato Passata 500g  
£0.55

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £5.00

**Staples:**



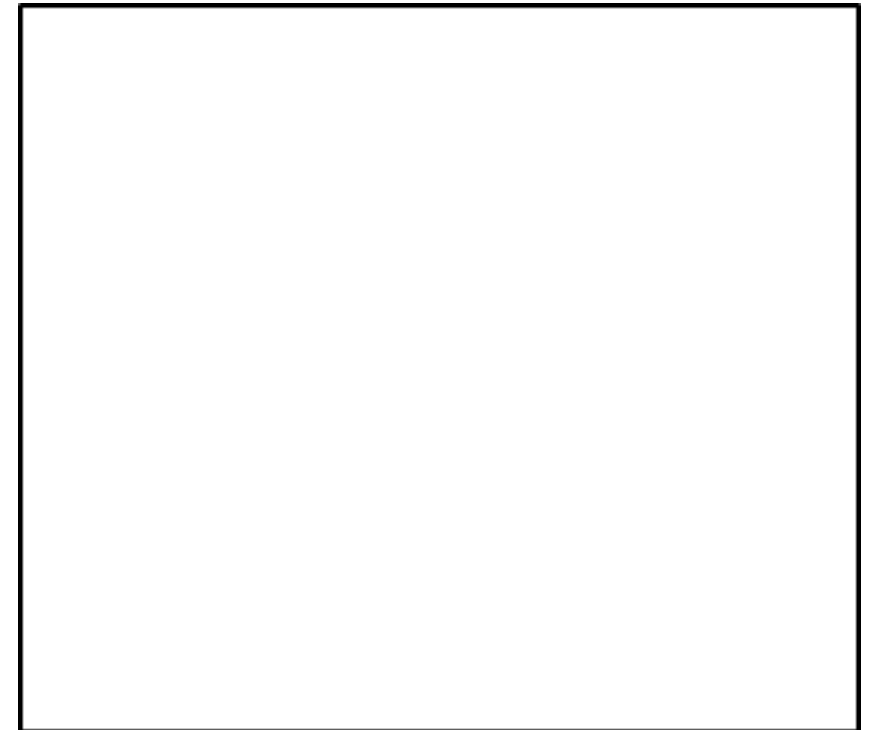
Everyday Essentials Spaghetti 500g  
£0.28



Everyday Essentials Garlic Baguette 170g  
£0.37 x2



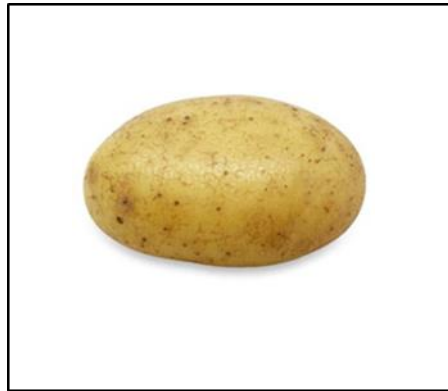
Ready, Set...Cook! Cut Basil 30g  
£0.52



# Cottage Pie (Nov23)



Ashfields British Beef Mince 20% Fat 500g  
£2.49



Loose baking potatoes  
£0.23 x4



Four Seasons Mixed Vegetables 1kg  
£0.89

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.95

**Staples:** gravy



Bramwells Beef Stock Cubes 120g/12  
Pack  
£0.65





# Italian BMT (Nov23)



Village Bakery Italian Style Metro Rolls  
400g/4 Pack

£1.29



Ashfields Cooked Ham 115g

£0.85



Everyday Essentials Cheesy Single Slices  
255g/15 Pack

£0.83

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.94

**Staples:** Mayo



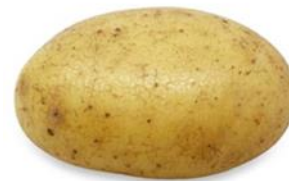
The Deli German Salami Slices 135g

£0.99



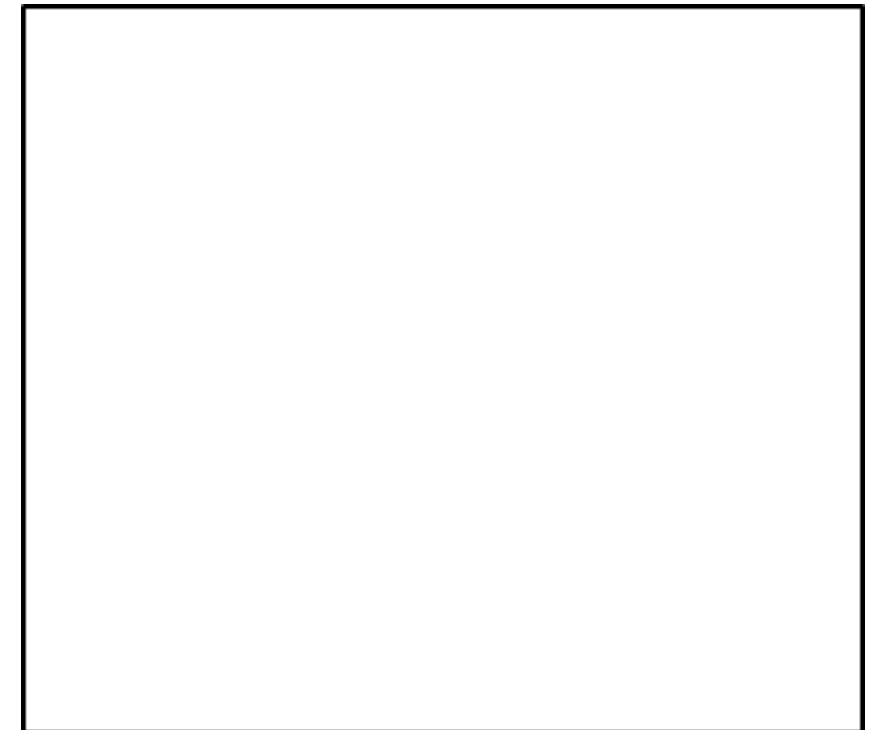
Nature's Pick Classic Salad 145g

£0.75



Loose baking potato

£0.23 x1



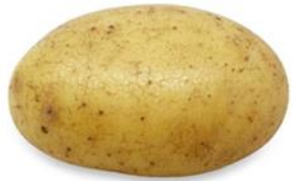
# Fishfinger Pie (Nov23)



Everyday Essentials Fish Fingers 250g  
£0.80 x2



Cowbelle Fresh British Crème Fraîche  
300ml  
£0.99



Loose baking potato  
£0.23 x3



Four Seasons Garden Peas 290g (175g  
Drained)  
£0.45



Four Seasons Supersweet Sweetcorn In  
Water 340g (285g D)  
£0.72



Everyday Essentials Yorkshire Puddings  
230g/15 Pack  
£0.46

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.91

**Staples:** salt, pepper & butter for  
mash



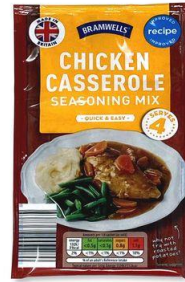
# Chicken Pot Pie (Dec 23)



The Pantry Puff Pastry 375g  
£1.19



Bramwells Cream Of Chicken Soup 400g  
£0.67



Bramwells Chicken Casserole Seasoning Mix 40g  
£0.36

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.98

**Staples:**



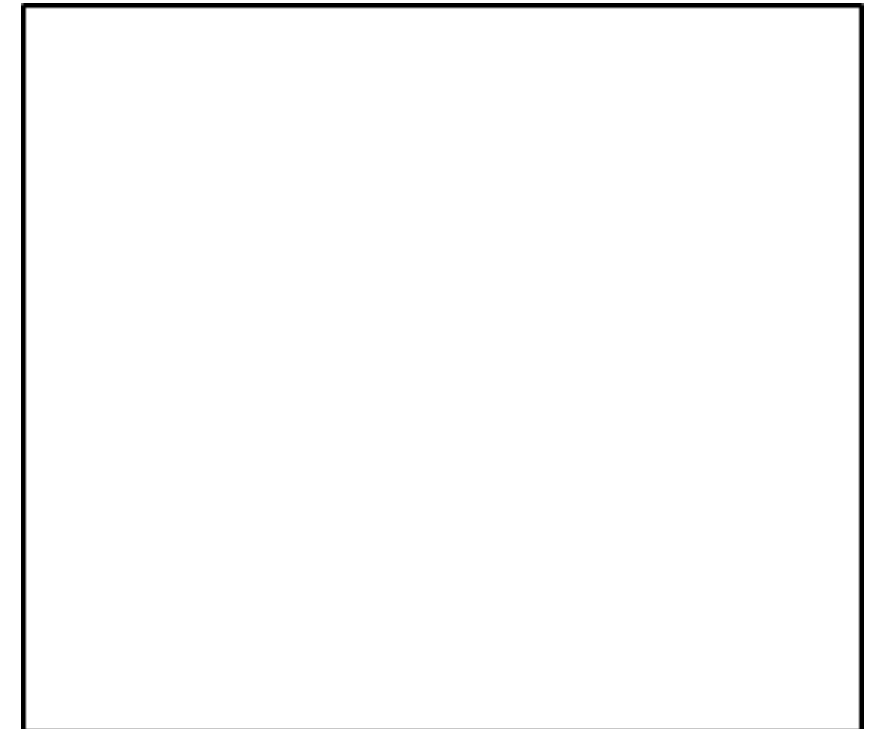
Nature's Pick Carrots 500g  
£0.33



Everyday Essentials Garden Peas 300g  
(185g Drained)  
£0.28



[Oakhurst Cooked Sliced Chicken 340g](#)  
£2.15



# Sweet Chilli Chicken Wraps & Fries (Dec 23)



Roosters Southern Fried Chicken Goujons  
320g  
£1.49



Village Bakery White Tortilla Wraps 8x62g  
£0.99



Asia Specialities Sweet Chilli Sauce 300g  
£1.19

**Food Store:** ALDI UK

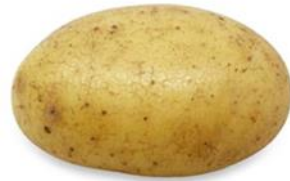
**Servings:** 4

**Total:** £4.88

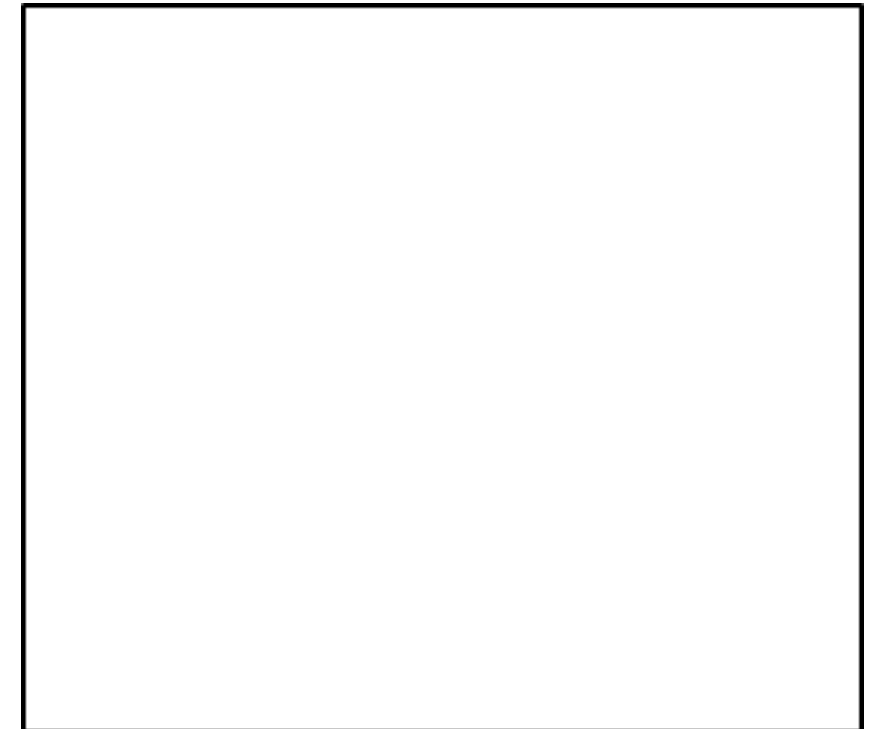
**Staples:** mayo, oil for chips



Nature's Pick Classic Salad 145g  
£0.75



Loose baking potato  
£0.23 x2

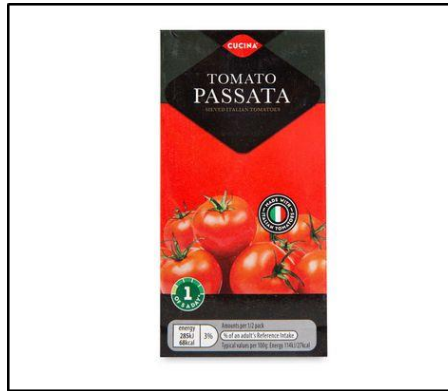




# Gnocchi Bolognese & Garlic Bread (Dec23)



Ashfields British Beef Mince 20% Fat 500g  
£2.49



Cucina Tomato Passata 500g  
£0.55



Bramwells Spaghetti Bolognese Mix 44g  
£0.36

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.76

**Staples:** Beef Stock cube



Everyday Essentials Garlic Baguette 170g  
£0.37



Cucina Gnocchi 500g  
£0.99



# Fish & Parsley Sauce Pie with veg (Dec 23)



Four Seasons Mixed Vegetables 1kg  
£0.89



Parsley Simmer Sauce Mix 20  
£0.49



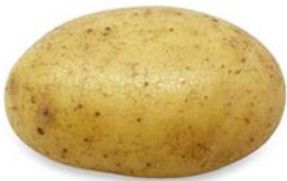
Dairy Pride Semi-skimmed Milk 1l  
£0.69

**Food Store:** ALDI UK

**Servings:** 5-6

**Total:** £4.95

**Staples:** salt & pepper (butter for mash)



Loose baking potato  
£0.23 x3



The Fishmonger Skinless & Boneless Basa Fillets 380g  
£2.19





# Chicken Tikka wraps with chips and salad (and a mint sauce dressing) (Dec23)



Everyday Essentials Self Raising Flour  
1.5kg  
£0.70



Brooklea Fat Free Natural Yogurt 500g  
£0.35



Ashfields British Chicken Legs Fresh Class  
A 1kg  
£1.99

**Food Store:** ALDI UK

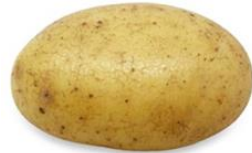
**Servings:** 4

**Total:** £4.98

**Staples:** curry seasoning, oil



Nature's Pick Iceberg Lettuce 200g  
£0.67



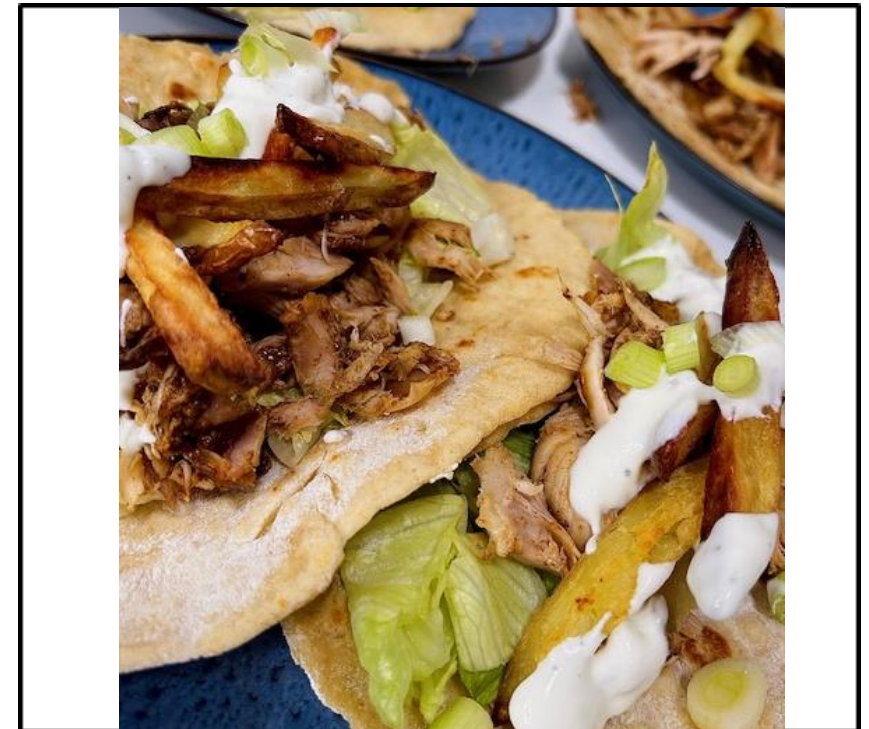
Loose baking potato  
£0.23 x2



Bramwells Mint Sauce 180g  
£0.52



Nature's Pick Spring Onions 100g  
£0.29

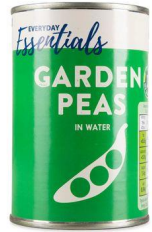




# Bombay Potato Curry with Rice and Naan (Dec 23)



Nature's Pick Baby Potatoes 1kg  
£0.95



Everyday Essentials Garden Peas 300g  
£0.28



Everyday Essentials Chopped Tomatoes In  
Tomato Juice

£0.35



Ready, Set...Cook! Mild Curry Powder 85g  
£0.79



Four Seasons Green Lentils In Water 390g  
(235g Drained)

£0.59



Worldwide Long Grain White Rice 1kg  
£0.52



Stonemill Garlic Purée 75g  
£0.69



Inspired Cuisine Garlic & Coriander Naans  
260g/2 Pack

£0.69

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.86

**Staples:** Oil, Salt, Pepper



# Meat Feast Pasta with Salad (Dec 23)



The Deli Milano Salami Rich & Delicate  
90g  
£0.99



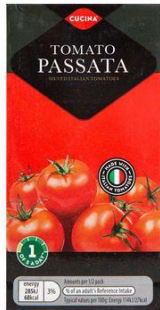
The Deli Spanish Chorizo Slices 120g  
£0.99



Everyday Essentials Penne Pasta 500  
£0.41



Everyday Essentials Mozzarella 200g  
£0.69



Cucina Tomato Passata 500g  
£0.55



Bramwells Spaghetti Bolognese Mix 44g  
£0.36



Nature's Pick Italian Style Salad 100g  
£0.85

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.84

**Staples:** swap your salad for 2x garlic baguettes





# BBQ Sausage Skewers with Stuffed Peppers (Dec23)



Butcher's Select Pork Sausages 454g/8 Pack  
£1.89



Nature's Pick Mixed Peppers 3 Pack  
£1.49



Bramwells Sundried Tomato & Garlic Cous Cous 100g  
£0.49

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £5.16

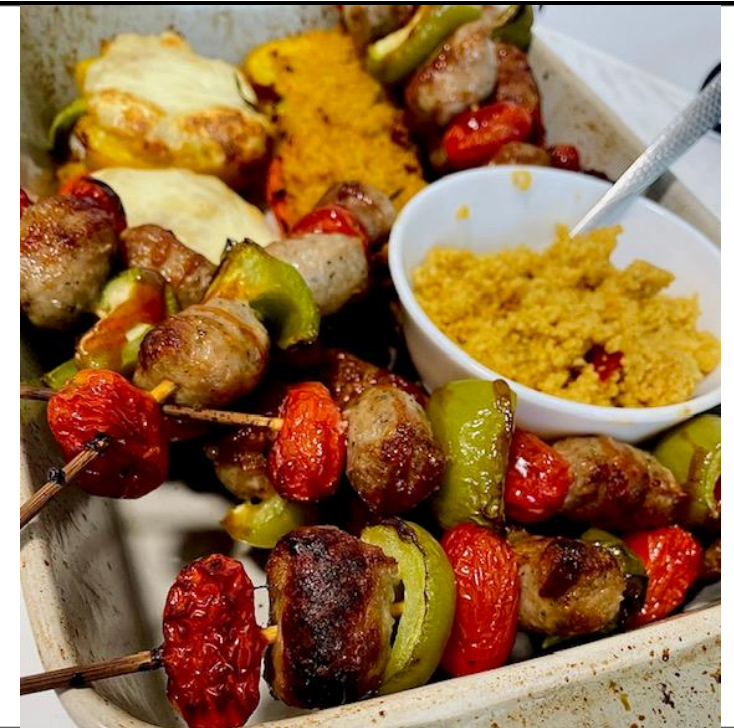
**Staples:** Oil, BBQ Sauce, skewers



Everyday Essentials Cherry Tomatoes 250g  
£0.60



Everyday Essentials Mozzarella 200g  
£0.69





# Tuna Pasta Bake (Dec 23)



Cucina Fusilli Pasta 1kg  
£1.39



Everyday Essentials Tuna Chunks In Brine  
145g (102g Dra)  
£0.55 x2



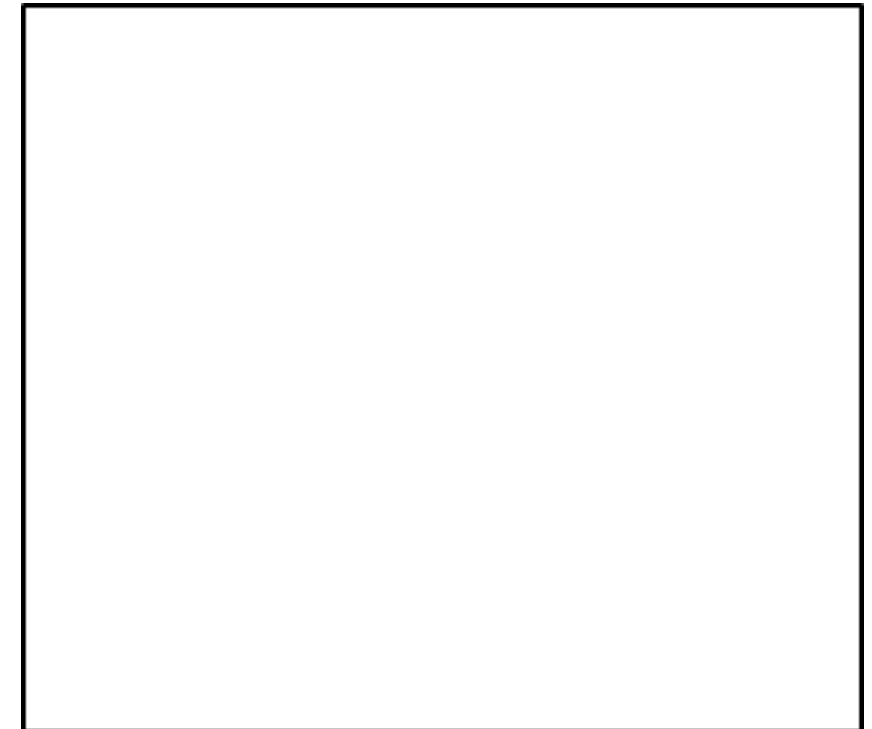
Cucina Pasta Bake Sauce Tomato & Herb  
495g  
£0.75

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £5.02

**Staples:**



Four Seasons Supersweet Sweetcorn In  
Water 340g  
£0.72



Everyday Essentials Mozzarella 200g  
£0.69

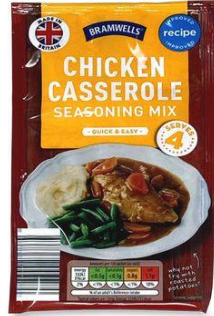


Everyday Essentials Garlic Baguette 170g  
£0.37

# Chicken Casserole with Mash & Y.Puddings



Ashfields British Chicken Legs Fresh Class A 1kg  
£1.99



Bramwells Chicken Casserole Seasoning Mix 40g  
£0.36 x2



Nature's Pick Baking Potatoes 4 Pack  
£0.70

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.89

**Staples:** salt & pepper, butter



Everyday Essentials Yorkshire Puddings 230g/15 Pack  
£0.46



Nature's Pick Carrots 500g  
£0.33



Nature's Pick Savoy Cabbage Each  
£0.69



# Tomato & Pesto Pasta Salad (Jan 23)



Nature's Pick Baby Leaf Salad 110g  
£0.89



Everyday Essentials Cherry Tomatoes  
250g  
£0.75



Cucina Wholewheat Fusilli 500g  
£0.75

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.78

**Staples:**



Cucina Pesto Basil 190g  
£0.99



Nature's Pick Cucumber Each  
£0.85



Nature's Pick Spring Onions 100g  
£0.55





# Pork and Ham Egg Fried Rice (Jan 24)



Bramwells Chopped Pork & Ham 200g  
£1.35



Worldwide Long Grain White Rice 1kg  
£0.52



Merevale Medium Welsh Free Range  
Eggs 6 Pack  
£1.35

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.72

**Staples:** salt and pepper



Asia Specialities Dark Soy Sauce 150ml  
£0.55



Nature's Pick Edamame Bean & Broccoli  
Stir Fry 320g  
£0.95



# Creamy Bacon and Broccoli Spaghetti (Jan 24)



Everyday Essentials Smoked Back Bacon Rashers 300g/7 Pa  
£1.45



Nature's Pick Broccoli 360g  
£0.79



Cucina Spaghetti 500g  
£0.75

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.86

**Staples:** oil, salt, pepper



Emporium Reduced Fat Soft Cheese 200g  
£0.85



Everyday Essentials Garlic Baguette 170g  
£0.37

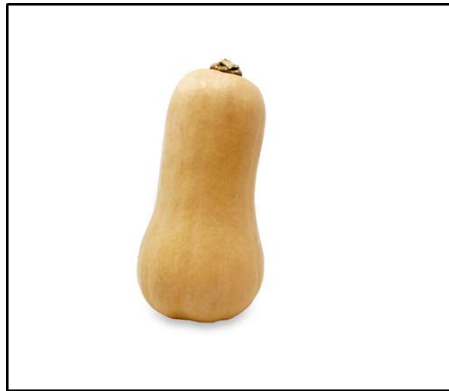


Nature's Pick Watercress, Spinach & Rocket 80g  
£0.65





# Butternut Squash Thai Green Curry (Jan 24)



Nature's Pick Butternut Squash Each  
£1.15



Worldwide Long Grain White Rice 1kg  
£0.52



Ready, Set...Cook! Thai Green Curry Kit  
253g  
£1.99

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.93

**Staples:** oil



Nature's Pick Pak Choi 250g  
£0.99



Everyday Essentials Garden Peas 300g  
(185g Drained)  
£0.28





# Fruit Salad & Yogurt (Jan 24)



[Four Seasons Mandarin Segments 300g \(175g Drained\)](#)  
£0.69



[Everyday Essentials Peach Slices In A Light Syrup 411g](#)  
£0.34



[Nature's Pick Snack Pack Grapes 170g](#)  
£0.99

**Food Store:** ALDI UK

**Servings:** 6

**Total:** £4.89

**Staples:** keep the juices from the tins to mix into your fruit to keep fresh



[Nature's Pick Kiwi Fruit 6 Pack](#)  
£0.99



Brooklea Berry Medley Low Fat Yogurts  
6x125g  
£0.89



[Nature's Pick Mini Apples 6 Pack](#)  
£0.99



# Haloumi & Orange Salad (Jan 24)



[Emporium Cypriot Haloumi 225g](#)  
**£2.15**



[Bramwells Moroccan Medley Cous Cous 100g](#)  
**£0.49**



[Everyday Essentials Oranges 5 Pack](#)  
**£0.89**

**Food Store: ALDI UK**

**Servings: 3**

**Total: £4.89**

**Staples:**



[Nature's Pick Watercress, Spinach & Rocket 80g](#)  
**£0.69**



[Nature's Pick Loose Sweet Potatoes Each](#)  
[View rest of shelf](#)  
**£0.67**





# Teriyaki Pork Noodles (Feb 24)



[Asia Specialities Ready To Wok Medium Noodles 300g](#)  
£0.85



Ashfields 100% British 5% Fat Lean Pork Mince 500g  
£2.59



Asia Specialities Teriyaki Stir Fry Sauce 120g  
£0.55

**Food Store:** ALDI UK

**Servings:** 4

**Total:** £4.94

**Staples:**



Nature's Pick Mixed Pepper Stir Fry 320g  
£0.95





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**Food Store:** ALDI UK

Servings: 4

Total: £

Staples:

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**Food Store:** ALDI UK

Servings: 4

Total: £

Staples:

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